Principal’s Report

Canteen Upgrade

Work began on the upgrade to the canteen last Tuesday afternoon. Whilst work is in progress the canteen will still be operational from the gymnasium next to the Food Technology room.

Exciting Circus Challenge Visit

The Circus Challenge is visiting BCS tomorrow morning. Get ready to have some fun and learn some new tricks!

Student Learning

Students are always working hard in our classrooms and I have the pleasure of working with students in different areas. Last week I enjoyed working with the Years 5/6 students. We learnt about headlines, their purpose and how they often have double meanings. All students wrote their own headline with a double meaning which you can see below.

Ways parents can help their kids succeed at school

Establish a regular bedtime routine:

Primary-school-age students need 10 to 11 hours of sleep for their overall health and growth. Around high school, that number goes down to about nine hours a night. Lack of sleep can directly impact a student’s attentiveness in school the next day, their mood and cause memory loss.

Primary Assembly

Congratulations to our primary students for hosting the Assembly on Friday afternoon. Many parents came along to celebrate student successes for the term so far.

Thank you

I wish to thank the P&C and the school community for the beautiful flowers received after the loss of my father. I would also like to thank all staff, especially the executive team for their continued dedication and support of the students and the school in my absence.

Have a great week.

Now for some of the latest headlines from 5/6

_Hawks fly to the top_ - Charlotte

_Buddy’s transplant from the Hawks to the Swans_ - web

_Swans nest at the top_ - Arned

_Roosters are roasting the NRL_ - Cooper

_Schools are taking over – fish populations explode_ - Sharri

_Giants are rising up_ - Page
2015 School Photos

This year’s School Photos were distributed to students today. If parents wish to order House Captains, School Captains or an SRC photo, please contact the school office for ordering details.

Wanted for the K/1 Room

Lego parts for our creative little people. We especially want Lego ‘people’, but other parts as well. Thankyou
K/1 Students

Winter Warmer

Years 5 & 6 will be selling warm Milo this term on Tuesday and Wednesdays at Recess for $1.00 per cup.

The money will go towards the Primary Excursion to Canberra planned for Term 3.

Whilst we strongly encourage parents to capture photographs and video footage of their children performing at school events, we do ask that you are mindful in distributing / uploading the captured image/film to social media without consent of all other people visible in the image/film. (Parent consent is required for all students under the age of 18.)
Congratulations to the Year 4 students who ran and spoke at the assembly. It was a wonderful celebration of learning. Thank you to all parents/carers for coming to recognise the achievements of BCS students.

Circus challenge is TOMORROW. Please ensure all permission notes and money has been paid to the front office.

On Friday we have an AFL clinic visiting BCS. Thank you Mrs Kenny for the organisation of this great opportunity.

**This Week**

<table>
<thead>
<tr>
<th>Library</th>
<th>Library day is tomorrow. Please remind students to pack their library books and bags.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hot Shots</td>
<td>Hot Shots is on Wednesday. Please ensure students wear appropriate footwear and clothing.</td>
</tr>
<tr>
<td>Extra Opportunities</td>
<td>Tomorrow we have the Circus Challenge and on Friday we have the AFL Clinic. We are very lucky to have the opportunity for these to come to Barellan. Thank you Mrs Kenny for your organisation of these.</td>
</tr>
</tbody>
</table>

**Homework**

**Home Reading**

Please remember to write in home reading books each time your child reads. Supporting your child through reading the book is very important and will develop reading confidence and enjoyment in students from a young age.

**Awards**

**Mathletics**

Congratulations to Lily and Dakota for receiving a Bronze award last week.

**Reading Eggs**

Bronze— Tom
Silver— Connor
Gold— Bailey

Congratulations!

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Playing our part to build a national picture of child health

In early 2015, our school, along with thousands of others across the country will begin preparations for the third Australian Early Development Census (AEDC).

The AEDC measures five key areas of development in children during their **first year of full-time school** to build a national picture of health and wellbeing. Since 2009, the census results have helped communities, schools and governments plan services and target support for children and families.

Teachers are trained to assess each child and answer questions. Children don’t need to be present so no class time is missed, and parents/carers don’t need to supply schools with any new information for the census. Teachers’ individual assessments are then analysed by the AEDC and reported as anonymous groups of children in the final report.

In other communities across the country, census results have helped communities to plan new playgrounds and parental services; schools are seeing improved student performance through new literacy programmes; and governments are using the results as evidence to develop better policies for children.

Teachers have also noticed practical benefits in the classroom. Some said in previous years that completing the assessments made them more aware of the needs of individual children and the class as a whole. Others reported that the census results are useful in planning for transitions to school and for developing class programmes.

Participation in the AEDC is voluntary. Parents/carers don’t need to take any action unless they choose not to include their children in the census.

To find out more about the census and how communities are using the data to help children and families visit the AEDC website [www.aedc.gov.au](http://www.aedc.gov.au)
2/3 Weekly News

Leaders: Logan, Riley & Bianca

2/3 Gardening - This week we will be planting poppies in the AG plot. Could students please bring in a named pair of gardening gloves to wear, to protect their nails.

Circus Challenge - Tuesday will be a great experience for our students learning circus skills and trying new equipment. Please wear sports clothes.

AFL Clinic - Friday will be an opportunity to learn some AFL skills.

Congratulations to the 2/3 Merit award winners at Fridays Assembly.

Problem of the Week

Congratulations to Charlee-Anne who solved last week’s problem and explained how she did it. The answer was c, 13.

This week’s problem

Robyn put this list of numbers in ascending order. Which one of these shows the ascending order of numbers?

A. 1223, 2253, 1233, 4223
B. 1223, 1233, 2253, 4223
C. 4223, 2253, 1223, 1233
D. 4223, 1233, 2253, 1223

50 Challenge

Use each 50 challenge attempts to practise unknown facts.

A little help at home makes a big difference.

Send in photos of the fun flash card games your family has made up to make learning tables easy.

Mathletics Awards

Bronze - Jonathan 1320, Logan 1080, Anika 2161, Bianca 1397
Gold - Clancy 1000

Mathletics is a homework activity so could parents please encourage students to spend 50 minutes each week working on tasks and practising their basic fact skills. This could be in one session or for 10 minutes each week night.

The Circus Challenge is coming to B.C.S on Tuesday May 26. Years K-10

This fantastic opportunity includes a 40 minute show and then workshops for students from K – 10.

The Circus Challenge is all about Active Minds, Active Bodies and Active Communities.

The Show and Workshop will cost $5.00 per student (BCS is subsidising the day to make it more affordable for everyone).

Permission notes and money for this fun filled show need to be returned first thing tomorrow morning if not already done so.

Circus Challenge Show and Workshop
Tuesday May 26. $5.00 per student

I give permission for my child/ren to attend the Circus Challenge on May 26.________________________

________________________________________

Please find enclosed$________________________

Signed ____________________________________
PSSA NETBALL KNOCKOUT

Round 1:

On Friday 8 May 2015 our combined team of girls from Ardlethan, Barellan and Ariah Park played Mur-rumburrah in Round 1 of the PSSA Netball Knockout. Our girls consisting of Mae Lucas (ACS), Paige Kenny, Charlotte Rainbird, Annabelle Geltch, Jane Heasuler, Lilly Neville (BCS), Louise O’Hare, Abbey Doyle, Laura Harper (APCS), combined together well to come away convincing winners 46-0. All the girls played well and showed their versatility, playing in a variety of different positions. Mae Lucas and Paige Kenny were very strong in both shooting and defence, Charlotte Rainbird was dominant at GK and Jane Haesuler also had great game in the mid-court.

We now progress to Round 2 of the knockout and look forward to taking on Temora Public School on Tuesday 19 May at Temora Indoor Stadium.

Thank you to Olivia Beard and Julie Kenny for umpiring, Tina Haesuler for scoring and Suzanne Lucas for timekeeping and for all the parents who transported the girls to the game and supported them on the day. Your help and support was much appreciated.

PSSA NETBALL KNOCKOUT

ROUND 2:

On Tuesday 19 May 2015 our combined team of girls from Ardlethan, Barellan and Ariah Park played Temora Public in Round 2 of the PSSA Netball Knockout. Our girls consisting of Mae Lucas (ACS), Paige Kenny, Charlotte Rainbird, Annabelle Geltch, Jane Haesuler, Melissa Noack (BCS), Louise O’Hare, Abbey Doyle, Laura Harper (APCS), travelled to the indoor stadium in Temora to play against Temora Public. The girls got off to a great start and combined well together throughout the game to come away convincing winners 32-18. All the girls are improving in skill and confidence with each round. Laura Harper played a great game in the mid-court and was also excellent in defence in the last quarter. Paige Kenny was once again very versatile, playing strongly in both defence and shooting while Mae Lucas also was very accurate at goal.

We now progress to Round 3 of the knockout, opponents yet to be decided.

Thank you to Tina Hausler and Lauren Williams for umpiring, and for all the parents who transported the girls to the game and supported them on the day. Your help and support was much appreciated.

Sue Flagg
(TEAM MANAGER)
Welcome to week 6! We are now half way through the term and yet we still have a heap of things to do. This week, things should be back on track after our Assessment week and time last week spent on assignments. The assignments will be presented this Friday, so if students have not completed theirs, they are welcome to come in at recess and lunchtime to work on it. Tomorrow students will be participating in a Circus Challenge which has been organised by Mrs Kenny and Mrs Luppi. This should be a great opportunity for students to refresh their memories and practise some of the skills from last year’s Flying Fruit Fly Circus visit and workshops. Thank you to the students who have volunteered their time to assist with the setting/packing up and selling of warm milos. To date we have raised over $100 towards our excursion fund. I am now in the process of writing reports ready to go home later this term. A reminder to parents who have not come in for a 3-way conference that they can call the school to arrange a time for this to occur.

BCS Sport
Finally, this is a fairly quiet week on the sporting front. On Wednesday, the Open Girls Netball Team travels to Leeton for the Central Schools Knockout. They will play 4 or 5 games, the first commencing about 9.30am. If the girls finish 1st or 2nd on the day, they get to play for the State Title in Dubbo for the third year running. Good luck to Meghan, Lisa, Zoe, Jess, Tayla, Shane, Shenaye, Theresa and Hannah K. Next Monday, June 1, the Primary Tennis Team travels to South Wagga to play round 3 of the PSSA knockout. A win would see them into the Riverina Finals later this month. Good luck to Norm, Jane, Paige and Jake. Next Friday, June 5, sees the Secondary Zone Athletics Carnival being held in Coolamon, at the Sportsground. Students have permission notes with their events listed and they need to be returned by the end of the week. Good luck to everyone on their sporting endeavours this next 2 weeks.

Alan Hesketh

AFL Clinic Friday 29th May
Barellan Central School
Che Jenkins will be visiting Barellan to conduct an AFL coaching clinic for students from Kinder to Year 10. Students will need to wear sports uniform, sunscreen and they will need plenty of water. BCS teaching staff plus two development officers will run each session. We may also have some players from the Barellan 2Blues Senior Grades as special helpers on the day. This will be a great sporting opportunity for all our students.

This Week
AL: The Lorax by Dr Seuss—digital version
Text Type: Narratives with a moral purpose
Maths: Chance & Data
Spelling: ai, ay, a e, a

Homework
Accelerated Reader Text: Mathletics
Spellodrome: Reading Eggspress

Awards
MATHLETICS: Bronze Award: Jane, Charlotte, Norman, Steven
SPELLODROME: Millennium Helmet: Jake, Annabelle, Jane, Norman, Tyler, Lily, Cooper, Steven, Sarah
ACCELERATED READER: Golden Bike: Will, Charlotte, Aysel
Above 50% in Points Target: Jake, Lily, Melissa, Charlotte, Cooper, Aysel, Sarah, Sharni
Points Target Achieved: Annabelle, Norman, Paige
Griffith Connections presents:

CYBERBULLYING
Family Forum
An empowering approach to dealing with Cyberbullying

PROJECT ROCKIT is regarded as Australia’s top youth-driven anti-bullying and anti-cyberbullying educational team. They have worked with almost one hundred thousand students, teachers and parents and have received numerous awards and recognition across Australia and internationally.

This presentation will:

**EMPOWER** you with new and in-touch **STRATEGIES** for dealing with cyberbullying

**Offer PRACTICAL** tips for preventing and reacting to harm.

**DEMystify** the most common social media platforms used by young people.

Focus on the **STRENGTHS** of technology and **OPPORTUNITIES** social media can offer

**Introduce the idea of DIGITAL CITIZENSHIP**

**Help you UNDERSTAND** young people’s relationship to the cyber-world

**Offer PROACTIVE steps to COUNTER BULLYING** - on line and offline

*Entertaining, engaging and insightful.*

Presenter: Caitlin Wood,
PROJECT ROCKIT’s
Head of Programs

THURSDAY 11 JUNE 2015
7pm at the Griffith Exies Club

Cost $10 per person / per family

For more information or to register, call Marg Andreazza at Griffith Connections on 6962 6833 or 0408 207 734 or email: griffithconnections@gmail.com

We expect this to fill up quickly so we recommend you register to attend. You can pay on the night.

Limited seats may be available on the night.

This workshop is for everyone - parents, grandparents, teachers, and we also encourage you to **bring your kids along too** (Grade 5+) as we’re all about **bridging generation gaps** and working together to tackle cyberbullying.
Barellan’s Biggest Morning Tea

Barellan held their Biggest Morning Tea last Friday and raised the amazing amount of $2042 (so far)!
Thankyou to Colleen, Robyn, Lesley, Anthony, Shane and Margaret for all your help.
Also to all the wonderful cooks, those who donated to our raffle, especially the local business houses, who support us year after year.
Thanks to Nola for the donation of her beautiful quilt.
A final tally and full list of prize winners will be in next week’s Gazette.
Thanks again to everyone for their support.

Barellan Show Society

Due to the poor attendance at the meeting on 13th May and the inability to obtain a secretary and assistant secretary for the Barellan Show Society, the 90th show will be the last show for the current executive. If the Barellan show is to move forward past 2015 we will need a secretary and assistant secretary ASAP. Please contact our president Daniel Clark if you would like to join our organisation (0407 854931)
Any organisation wishing to run at a cost of $100 each.
• THE CARROLL LUNCHEON PAVILLION
  (lunch & afternoon tea)
• BBQ
• DRINKS STAND
Please submit an email or letter of request by 1st June barellanshow@gmail.com
or
PO Box 5, Barellan ,2665
NEXT MEETING Wednesday 3rd June.
Please show your support with your attendance.

Barellan Community Health Centre News

Due to staff being on leave the following arrangements will apply for the Community Health Nurse.
The service will be covered from Leeton Community Health, please ring 69531248 to arrange for the nurse to attend to your needs. This changed service will apply from Tuesday May 19 until Monday July 6th.

Barellan Swim Club AGM

Tuesday May 26 commencing at 7.30pm at the Clun.
All welcome to attend.

Free to a good home!
1 large white rooster.
Phone 69639313

Barellan’s Biggest Morning Tea

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Don’t forget the Gazette is available each week on the school’s website in beautiful colour.
http://www.barellan-c.schools.nsw.edu.au
20 May 2015

Dear Parents and Caregivers,

You may have provided us with information that our son/daughter has been diagnosed with allergies, or you son/daughter may have just recently been diagnosed with allergies.

The NSW DEC has recently advised us that the Australasian Society of Clinical Immunology and Allergy (ASCIA) have updated the Action Plans for Allergy for 2015.

As these Action Plans are medical documents, they must be completed by a Medical Practitioner. When you next attend an appointment with your Doctor could you please have the enclosed Action Plan updated and a colour copy provided to the school. We are happy to copy it for you if you bring it to the school office.

Thank you for your attention to this important matter. If you have any questions please contact me at the school.

Regards,

S luppi

Stacie Luppi
Principal
**ACTION PLAN FOR Allergic Reactions**

**MILD TO MODERATE ALLERGIC REACTION**

- Swelling of lips, face, eyes
- Hives or welts
- Tingling mouth
- Abdominal pain, vomiting (these are signs of anaphylaxis for insect allergy)

**ACTION FOR MILD TO MODERATE ALLERGIC REACTION**

- For insect allergy, flick out sting if visible. Do not remove ticks.
- Stay with person and call for help.
- Give other medications (if prescribed).
- Phone family/emergency contact.

Mild to moderate allergic reactions may not always occur before anaphylaxis

Watch for ANY ONE of the following signs of anaphylaxis

**ANAPHYLAXIS (SEVERE ALLERGIC REACTION)**

- Difficult/noisy breathing
- Swelling of tongue
- Swelling/tightness in throat
- Difficulty talking and/or hoarse voice
- Wheeze or persistent cough
- Persistent dizziness or collapse
- Pale and floppy (young children)

**ACTION FOR ANAPHYLAXIS**

1. Lay person flat. Do not allow them to stand or walk.
   If breathing is difficult allow them to sit.
2. Give adrenaline autoinjector if available.
3. Phone ambulance*: 000 (AU) or 111 (NZ).
4. Phone family/emergency contact.

Commence CPR at any time if person is unresponsive and not breathing normally.

*Medical observation in hospital for at least 4 hours is recommended after anaphylaxis.

**IF UNCERTAIN WHETHER IT IS ANAPHYLAXIS OR ASTHMA**

- Give adrenaline autoinjector FIRST, then asthma reliever.
- If someone with known food or insect allergy suddenly develops severe asthma-like symptoms, give adrenaline autoinjector FIRST, then asthma reliever.

Asthma: Y  N  Medication:  

© ASCIA 2015. This plan was developed as a medical document that can only be completed and signed by the patient's treating medical doctor and cannot be altered without their permission.
Name: ____________________________
Date of birth: ____________________________

Confirmed allergens:

Photo

Family/emergency contact name(s):

Work Ph: ____________________________
Home Ph: ____________________________
Mobile Ph: ____________________________

Plan prepared by:
Dr: ____________________________

I hereby authorise medications specified on this plan to be administered according to the plan.
Signed: ____________________________

Date: ____________________________
Date of next review: ____________________________

How to give EpiPen®

1. Form fist around EpiPen® and PULL OFF BLUE SAFETY RELEASE.

2. PLACE ORANGE END against outer mid-thigh (with or without clothing).

3. PUSH DOWN HARD until a click is heard or felt and hold in place for 10 seconds.

4. REMOVE EpiPen®. Massage injection site for 10 seconds.

Instructions are also on the device label and at: www.allergy.org.au/anaphylaxis

MILD TO MODERATE ALLERGIC REACTION

• Swelling of lips, face, eyes
• Hives or welts
• Tingling mouth
• Abdominal pain, vomiting (these are signs of anaphylaxis for insect allergy)

ACTION FOR MILD TO MODERATE ALLERGIC REACTION

• For insect allergy, flick out sting if visible. Do not remove ticks.
• Stay with person and call for help.
• Locate EpiPen® or EpiPen® Jr adrenaline autoinjector.
• Give other medications (if prescribed).
• Phone family/emergency contact.

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• Wheeze or persistent cough
• Persistent dizziness or collapse
• Pale and floppy (young children)

ACTION FOR ANAPHYLAXIS

1. Lay person flat. Do not allow them to stand or walk.
   If breathing is difficult allow them to sit.
2. Give EpiPen® or EpiPen® Jr adrenaline autoinjector.
3. Phone ambulance*: 000 (AU) or 111 (NZ).
4. Phone family/emergency contact.
5. Further adrenaline doses may be given if no response after 5 minutes, if another adrenaline autoinjector is available.

If in doubt, give adrenaline autoinjector

Commence CPR at any time if person is unresponsive and not breathing normally.
EpiPen® is generally prescribed for adults and children over 5 years.
EpiPen® Jr is generally prescribed for children aged 1-5 years.
*Medical observation in hospital for at least 4 hours is recommended after anaphylaxis.

IF UNCERTAIN WHETHER IT IS ANAPHYLAXIS OR ASTHMA

• Give adrenaline autoinjector FIRST, then asthma reliever.
• If someone with known food or insect allergy suddenly develops severe asthma like symptoms, give adrenaline autoinjector FIRST, then asthma reliever.

Asthma: Y □ N □ Medication: □

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